

Information for persons who have stayed in Hubei, Zhejiang Province, China

Persons who have stayed in Hubei, Zhejiang Province, China, within 14 days before arrival must inform the quarantine officer.

For 14 days after leaving Hubei, Zhejiang Province, China, please do not use public transport or go outside unnecessarily, and please act as detailed below.

- Check your health condition
 - Check your body temperature for fever every day.
 - Watch your symptoms carefully such as severe cough or difficulty breathing.
 - ※ Pay attention to health condition of your close contacts as well.
- If you have symptoms such as coughing or fever,
 - Avoid going out, and wear a mask to prevent the spreading of infection to others.
 - When you seek medical care, please call and inform the doctor in advance that you have stayed in Hubei Province, Zhejiang Province of China. When you visit a medical institution and consult a doctor, please wear a mask, and show this paper and tell your travel history
- For persons who live in close contact with family members, etc.
 - Wash your hands frequently and thoroughly.
 - Make sure to get enough sleep and nutrients.
 - If someone in your family, etc. is feeling unwell, the people around the person should also wear masks and should limit the number of people with whom they come into contact.

If you have any uncertainties about the infection with the new type of coronavirus, please call the following number:

《MHLW Telephone Consultation》 0 1 2 0—5 6 5 6 5 3

☆ You can consult the nearest public health center for medical institutions



☆ You can search medical institutions with foreign language speaking staff.

